



Lourdes College
9000 Cagayanan de Oro City

BACHELOR OF SCIENCE IN NUTRITION & DIETETICS (BSND)

References: CMO 53, s. 2006

Effective School Year 2013 - 2014

Ministry of Education, Culture & Sports, Manila Government Recognition No. 079 s. 1985

Name _____ Date of Admission _____

Proposed revised curriculum for BS
NUTRITION & DIETETICS at
LOURDES COLLEGE, CDO CITY
Effective 2013-2014 (Duly Revised)

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FIRST YEAR													
First Semester							Second Semester						
Grade	Subject	Description	Pre-Req	Lec	Lab	Units	Grade	Subject	Description	Pre-Req	Lec	Lab	Units
	RS 1	Scripture & OT Salvation History		3	0	3		RS 2	Civiology	Theo 1	3	0	3
	Eng 1	Study & Thinking Skills		6	0	6		Eng 2	Writing in Discipline	Eng 1	3	0	3
	Chem 1	General Chemistry		3	2	5		Chem 2	Organic Chemistry	Chem 1	3	2	5
	Hist 1	Phil History its Roots & Dev't		3	0	3		Bio 2	Human Anatomy & Physiology	Bio 1	4	1	5
	Fit 1	Strong Pakikipagkatalastasan		3	0	3		Hist	Phil Gov't & Consti	Hist 1	3	0	3
	Bio 1	Gen. Biology w/ Environ't Issues		2	1	3		Math 2	College Algebra		3	0	3
	PE 1	Physical Education		0	2	2		PE 2	Rhythmic Activities	PE 1	0	2	2
	NSTP 1	CWTS/LTS/ROTC		3	0	3		NSTP 2	CWTS/LTS/ROTC	NSTP 2	3	0	3
						23							23

SECOND YEAR													
FIRST SEMESTER							SECOND SEMESTER						
Grade	Subject	Description	Pre-Req	Lec	Lab	Units	Grade	Subject	Description	Pre-Req	Lec	Lab	Units
	Psych 1	General Psychology		3	0	3		Eng 4	Intro to Lit & Phil Lit	Eng 1	3	0	3
	Eng 3	Speech Communication	Eng 1	3	0	3		Fit 2	Pagbasa at Pagsulat	Fit 1	3	0	3
	Bio 3	Gen. Micro/Parasitology		2	1	3		Math 6	Basic Stat & Probability		3	0	3
	Chem 5	Nut/Bio Chemistry	Chem 2	3	2	5		Nut 1	Basic Nutrition	Chem 5	3	2	5
	HC	Health Care (lec & lab)	Bio 1	2	3	5		FDS 2	Meal Management	FDS 1	3	2	5
	Philo 1	Logic		3	0	3		CN 1	Culinary Nutrition	FDS 1	2	1	3
	FDS 1	Basic Foods		2	3	5		FDS 3	Fundts of Food Tech & Entrepreneurship	FDS 1	2	3	5
	PE 3	Indiv/Dual Sport/Game	PE 1	0	2	2		PE 4	Team Sports/Games	PE 1	0	2	2
						23							23

THIRD YEAR													
FIRST SEMESTER							SECOND SEMESTER						
Grade	Subject	Description	Pre-Req	Lec	Lab	Units	Grade	Subject	Description	Pre-Req	Lec	Lab	Units
	BS 3	Church & Sacraments		3	0	3		BS 4	Christian Morality	Theo 1	3	0	3
	FSS 1	Fds Service Sys 1	FDS 2	3	2	5		Philo 2	Philosophy of Man		3	0	3
	Physics	General Physics		2	1	3		Eng 5	Tech Writing/ Bus. Corresp.	Eng 1	3	0	3
	Nut 2	Nutn in the Life Stages	Nut 1	3	2	5		Nut 4	Medical Nutrition 1	Nut 2	3	2	5
	Nut 3	Fds & Nutn Res 1	Math 6	3	0	3		Nut 6	Nut Assessment	Nut 2	3	0	3
	Nut Ed 1	Princ of Tchng & Educ Tech		3	0	3		Nut 8	Fds & Nutn Res 2	Nut 6	2	1	3
	Acctg 1	Fundts of Accounting		3	0	3		Mngt 5	Res. Mngt & Prof'l Ethics		3	0	3
	Socio 1	Sociology/Anthropology		3	0	3		FSS 2	Fds. Service Sys 2	FSS 1	2	3	5
						23							23

FOURTH YEAR													
FIRST SEMESTER							SECOND SEMESTER						
Grade	Subject	Description	Pre-Req	Lec	Lab	Units	Grade	Subject	Description	Pre-Req	Lec	Lab	Units
	Econ 1	Health Econ w/ TLC		3	0	3		Supervised Field Experiences:					
	Comp 3	Comp App & Pres Design		3	0	3		Pract	Food Service Pract (150hrs)		0	3	3
	Nutri 5	Nut Education	Nut Ed 1	3	0	3		Pract	Community Nut. Pract (250hrs)		0	5	5
	Nutri 7	Public Health Nut'n	Nut 6	3	2	5		Pract	Hosp Dietetics Pract. (200hrs)		0	4	4
	Nutri 9	Medical Nutrition 2	Nut 4	2	2	5		ND 2	Nutrition & Dietetics	ND 1	3	0	3
	Soed 2	Rizal's Life, Works & Writgs		3	0	3		15					
	Human	Intro to Humanities & Art Educ		3	0	3							
	ND 1	Nutrition & Dietetics	Nut, FDS	3	0	3							
						23							

Evaluated by

Date

APR 6/17/13
ZENALDA G. GFRSANA, PhD, CESO III
Director IV